



# Fremont Maritime Services

Marine Safety and Survival Training

India Tango Marine Fire Training Program



## *BASIC SAFETY TRAINING*

### **Location**

The course is held at the Fremont Maritime Training Center, located at 1019 West Ewing Street, Seattle, WA 98119. The training day begins at 0800 and concludes at approximately 1700. A break for lunch is provided between 1200 and 1300 each day.

### **Content**

This program is Coast Guard-approved as meeting the 46CFR STCW Basic Safety Training requirements, and the requirements of Table A-VI/3 of the STCW Code. Participants successfully completing the program will receive a certificate of completion.

### **Format**

IMO Personal Survival combines classroom lectures and demonstrations with sessions in the harbor and a swimming pool. Basic Fire Fighting combines classroom lectures with live fire exercises. Personal Safety and Social Responsibilities and Elementary First Aid combine classroom lectures and demonstrations.

### **Clothing**

You will need the following gear for class:

Tuesday -

- A set of work clothes (including shoes) to wear under your immersion suit.
- Dry clothes to change into after training

Wednesday -

- A clean set of clothes to wear in the water (including shoes) and a bathing suit or swim trunks.
- Towel
- Dry clothes to change into after training

Basic Fire Fighting (Thursday and Friday):

- Long sleeve shirts and long pants made of natural fibers;
- Appropriate clothing (coats, rain gear, hat) for extended outdoor training sessions.

***WARNING- Students without proper attire will not be allowed to participate in the class.***

## **Physical Fitness**

In order to participate in practical firefighting sessions, students must be in good physical condition with no medical conditions which could limit or be aggravated by heavy physical exertion. You will be asked to complete a medical questionnaire and disclaimer on the first day of class to determine suitability to participate in training. Fremont Maritime Services reserves the right to require a physician's examination where suitability is uncertain. If you have any doubt as to whether it is safe for you to participate, Fremont Maritime strongly recommends you consult your physician prior to registration.

## **Facial Hair**

Students should be clean shaven in order to obtain an airtight mask seal.

## **Payment**

Cost of this program is \$975.00 per participant. We accept all major credit cards, as well as cash and personal checks. Payment should be made at the time of registration, or we cannot guarantee your place in the class. No shows who have not provided 7 days written or verbal notification of cancellation will forfeit payment.

## **Lodging**

Fremont Maritime Services has established a relationship with the Holiday Inn Seattle Center, located just 4 blocks from the Space Needle and Seattle Center. The hotel offers a special rate to our students which provides a significant discount over normal commercial prices. Additionally, the hotel provides a free shuttle service from the hotel to class and back. To make reservations, contact the hotel directly at (206) 728-8123 and ask for the "Fremont Maritime Rate," or [Click Here](#) to transfer to the Holiday Inn Seattle Center web site.

## **Questions?**

If you still have questions, or would just like to talk to a real person, please feel free to call us at (206) 782-4308 or toll free at 1-888-782-9569.